



# Palolo Chinese Home

808-748-4918

## Monday LUNCH

Bean Salad

### Spanish Pork

Steamed Rice  
Capri Vegetables

Almond Float

**Alt:** Chicken Curry w/ Rice

## DINNER

Chicken Soup  
**Beef & Broccoli over Noodles**

Almond Float

**Alt:** Baked Fish w/ Lemon Wedge, Mashed Potato, & Veg

## Tuesday

Kale Salad

### Korean Chicken

Steamed Rice  
Malibu Vegetables

Fruited Gelatin

**Alt:** Veal Patty, Rice & Veg

Minestrone Soup w/ Beans

### Pork Stew

Steamed Rice

Fruited Gelatin

**Alt:** Steamed Ginger Mahi, Rice & Veg

## Wednesday

Mixed Green Salad w/  
Garbanzo Beans

### Crispy Baked Fish w/ Lemon Wedge

Mashed Potato  
Yellow Squash

Orange Wedges

**Alt:** Pork & Long Beans w/  
Rice

Chunky Potato Soup

### Spaghetti

Malibu Blend Vegetables

Orange Wedges

**Alt:** Chicken Stir Fry w/ Rice

## Thursday

Bean Sprout Salad

### Ground Pork Chow Fun

Asian Vegetables

Mixed Berries

**Alt:** Battered Fish, Mashed Potato & Vegetable

Korean Cabbage Soup

### Chicken Hekka

Steamed Rice

Mixed Berries

**Alt:** Portuguese Bean Stew w/  
Rice

## Friday

Mixed Green Salad

### Pan Lau Lau w/ Poi

Steamed Rice

Pineapple

**Alt:** Roast Turkey, Rice & Veg

Portuguese Bean Soup

### Texas Ranch Chicken

Mashed Potato

Succotash

Peaches

**Alt:** Garlic Baked Fish, Rice & Veg

## Palolo Community Outreach Meals to Go Programs

**Note:** Menu is subject to change.

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