



Palolo Chinese Home Presents

SUPPORTING OUR SENIORS IN CHANGING TIMES

Uplifting Kupuna & Caregivers



Gerry Yahata
Motivational speaker

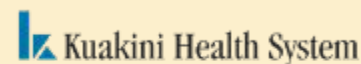


Diane Ako
KITV
PROGRAM MODERATOR

MAHALO FOR JOINING US!
The program will begin shortly

VIRTUAL HOUSEKEEPING NOTES

- This webinar is being recorded and will be available to view later at www.PaloloHome.org
- Please use the Q&A section to submit questions
- Questions will be answered during our Q&A portion following the main presentation
- The following presentation slides will be uploaded to our website



These free community education sessions are made possible by the Kupuna Aging in Place grant from the Hawaii Community Foundation

OUR STORY



IKI = LIFE

GAI = VALUE

ikigai

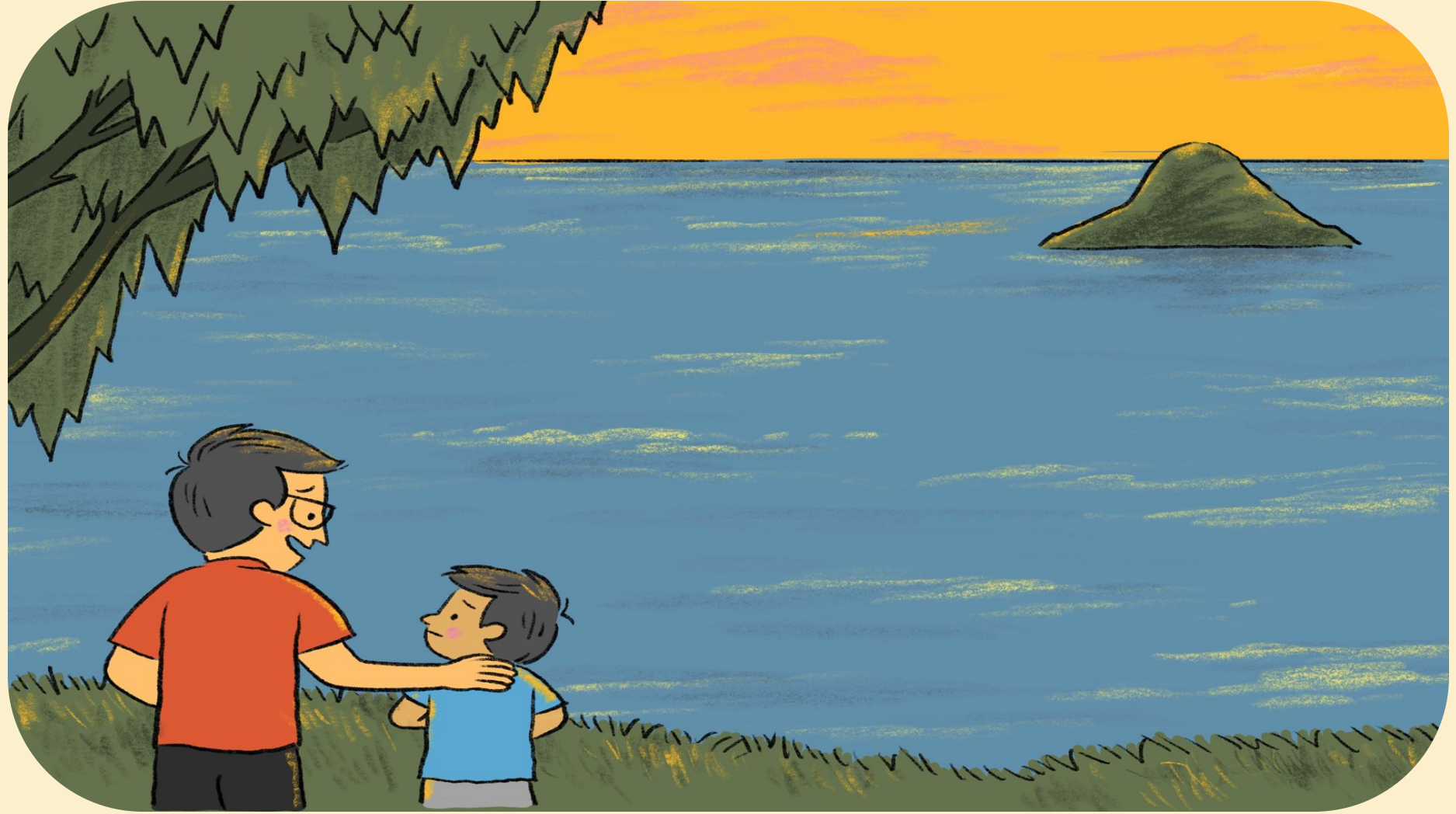


CAUTION:

**RISK OF OVERDOSE
AND ADDICTION**

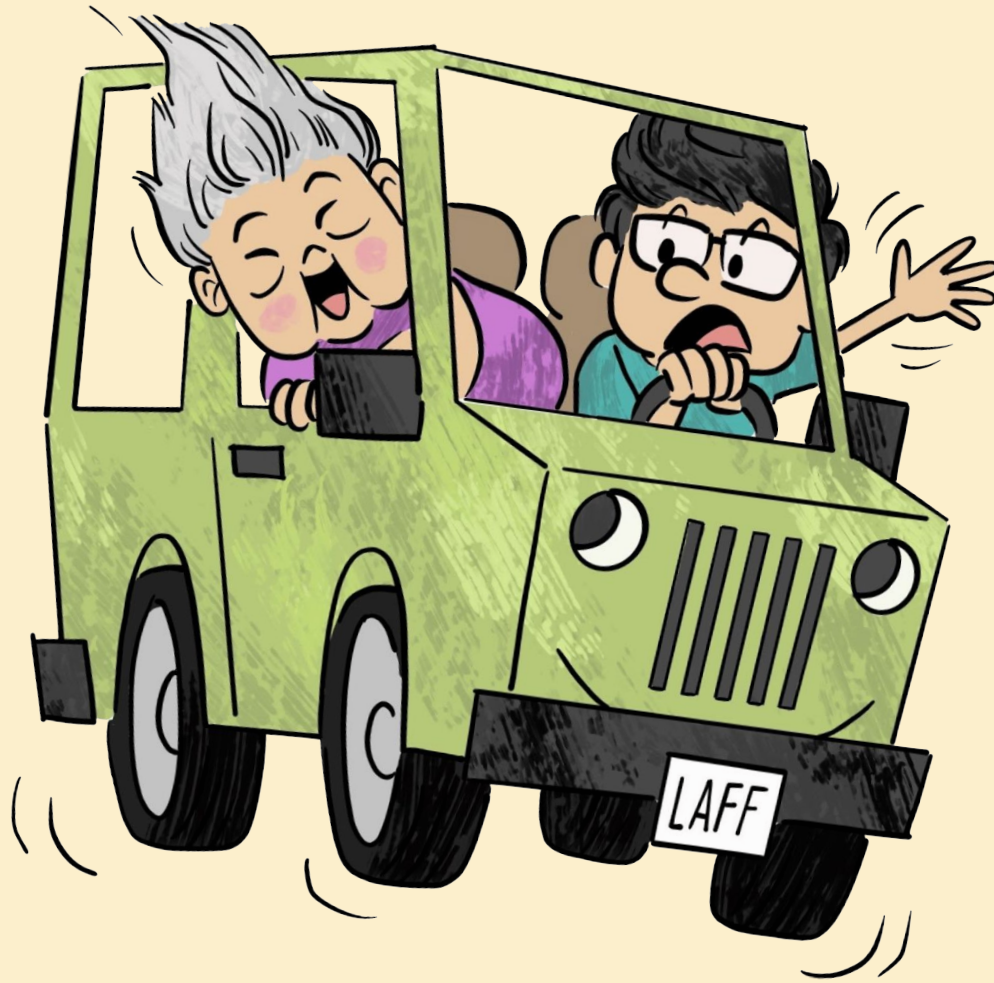
SMILE







TOUCH

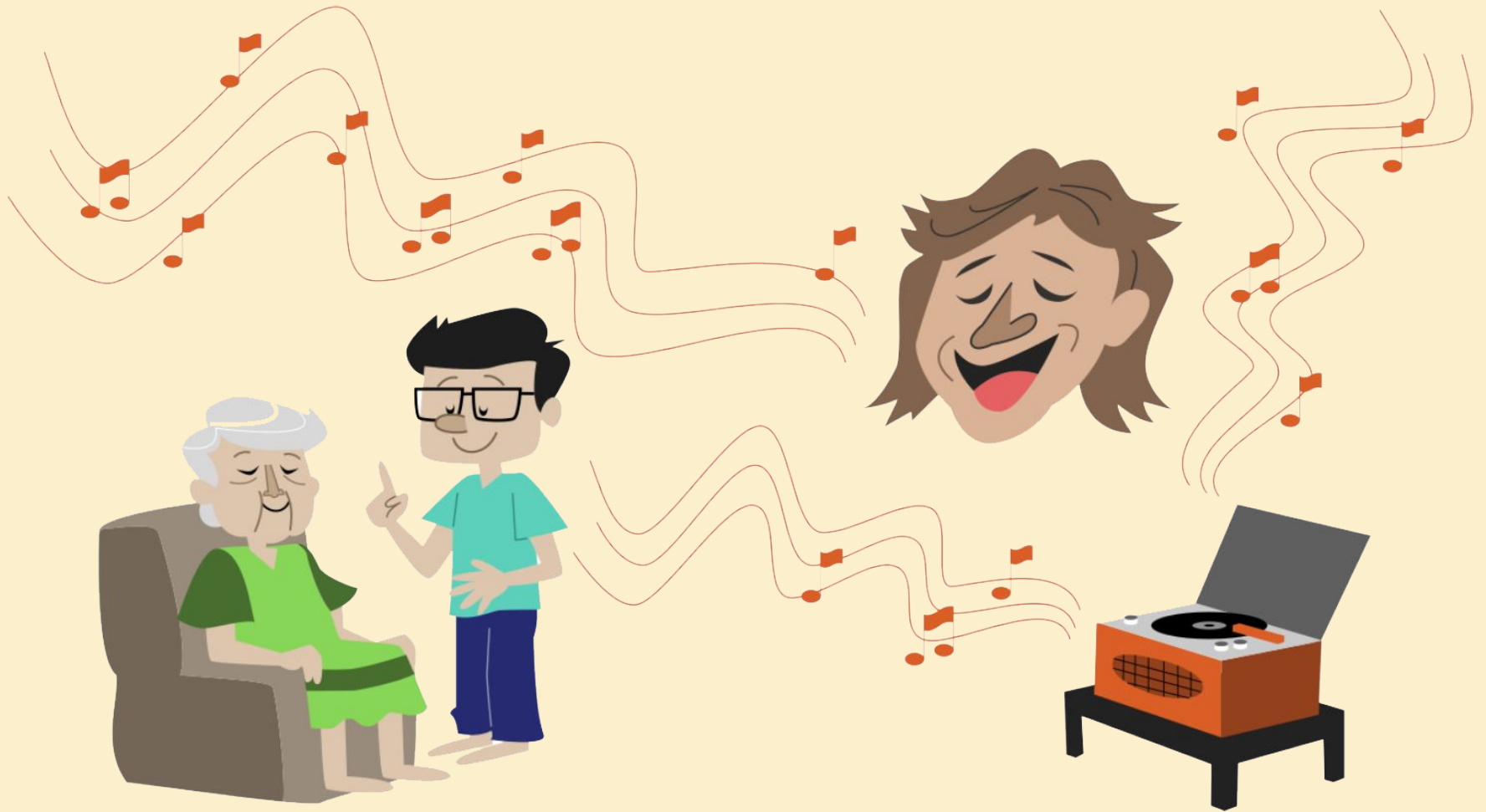


HAPPY MOMENTS

“Ken, this may sound funny, but whenever I had one of those bad days, I found that the best thing to make me feel better was to do something nice for someone else.”



KINDNESS



MUSIC



MEMORIES & PHOTOGRAPHS



LAUGH

RESOURCES FOR CAREGIVERS





PALOLO CHINESE HOME

Better Care. Better Lives



ikigai



PALOLO CHINESE HOME

CONTINUUM CARE

Aiza Pobre, Palolo Chinese Home

RESIDENTIAL & CAMPUS BASED PROGRAMS



Skilled Nursing &
Immediate Care



Hospice Care



Rehabilitation
Services



Adult Residential
Care



Overnight Respite
Care



Senior Day Care

PALOLO WELLNESS PROGRAM

COMMUNITY BASED PROGRAMS



Meals-to-Go



Home Cleaning
Services



In-Home
Personal Care



In-Home
Companionship Services

Contact: Aiza Pobre, Senior Day Care & Palolo Wellness Program Manager

- 808-748-4909
- apobre@palolohome.org
- www.PaloloHome.org/PCH-Services

Q&A

Please click the “Q&A” button to submit your questions or to briefly share your own story or “ikigai”

MAHALO!

Please visit www.PaloloHome.org

- Resources & slides
- Presentation recording
- Upcoming events & webinars



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