

25 Years of Golf Fundraiser are Thanks to the Efforts of Many

Friday, May 8, 2015: Despite weather forecasts warning of rain, 198 golfers joined in a relatively dry and thoroughly enjoyable day at the 25th Annual PCH Dynasty Invitational Golf Tournament, held at the Ala Wai Golf Course – the fundraising event held yearly to benefit Palolo Chinese Home.

Items provided by donors, ranging from gift cards to lup cheong, have made our tournament unique in that each and every golfer goes home with a prize. Special thanks to Lester Leu for donating cases of wine, guaranteeing that no one left empty handed.



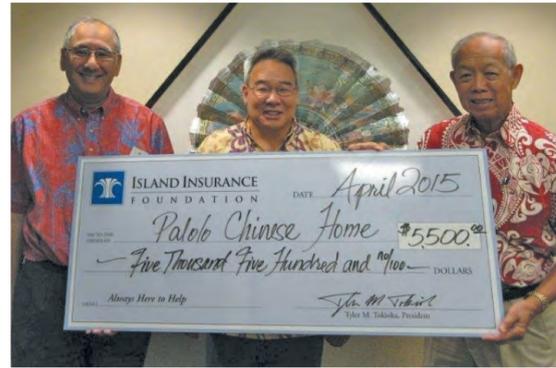
CEO Darryl Ing (2nd from left) thanks (from left): Blossom Tyau, Gordon Au, Gladys Lee and Lana Au for making the PCH golf tournament a success for 25 years.

At the post-tournament banquet, held at the Royal Garden Restaurant, Gordon Au was recognized as the first Steering Committee Chair and founder of the golf tournament. Gladys Lee and Lana Au were acknowledged as members of the original Steering Committee, joined by Blossom Tyau three years later. They are all still leading tournament coordination in Year 25, and were presented with lei, bouquets and restaurant gift cards.

Honorary Chair Kimo Kahoano was thanked for 17 years of emceeing the tournament program. Gordon Au presented Kimo with a statue of the Warrior Kwan Kung with a plaque inscribed, "In Appreciation of



Gordon Au (right) presents Honorary Chair Kimo Kahoano with a statue of Kwan Kung in appreciation of 17 years as emcee of the tournament program.



Island Insurance donated \$5,500 to sponsor the tournament polo shirts given to each golfer. Pictured here are (left to right): Island Insurance president Tyler Tokioka, PCH Golf Steering Committee Chair Brian Lim and PCH Board Past President Gordon Au.

time and talent shared as M.C. Extraordinaire." Kwan Kung is the most famous general in Chinese mythology. Often found at entrances to temples and businesses, his presence is feared by evil as he protects the innocent and defends the righteous. That's quite an award, Kimo!

Thanks to the entire 2015 Golf Committee of Gordon and Lana Au, Lester Leu, Phyllis Shea, Michele Choy, Lana Ige, Gladys Lee, Robert Harada, Kin Ming Ching, Blossom Tyau, Frances Goo and Brian Lim,



PCH President and Chair Roger Liu (2nd from left) presents the President's Award to the 25th Place team represented by Joel Kumabe (left) and Lynn Mariano, pictured with Narcissus Queen Erica Wong and Narcissus 1st Princess Nicole Chong.

Chair. Mahalo for jobs well done to the 38 volunteers who registered golfers, sold mulligans and lucky number tickets, helped with food service and measured drives to the hole, stuffed goody bags and so much more. PCH is blessed to have such dedicated and hard working supporters to put on events that benefit programs and services for our seniors.

Another successful and enjoyable day of fun-raising and fundraising for PCH! Mahalo to all tournament organizers, volunteers, donors and participants. See you next year!

Palolo Chinese Home

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The blessing of "long life" is universally celebrated. At Palolo Chinese Home, the Chinese character for longevity (shou) has long been used as a symbol. The artist, by adding two brush strokes, has incorporated the Chinese character for people or mankind (ren), and the result is an image of a roof embracing long life - our wish for you. The unbroken circle signifies our mission of continuous care and respect for our kupuna (elders). Logo designed for Palolo Chinese Home by Clarence Lee.

Aloha United Way

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PALOLO CHINESE HOME

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Caring For All

Community Invited to Groundbreaking and Luau for Final Redevelopment Project

At long last, PCH is ready to begin its final phase of campus redevelopment to renovate the Victoria Ward Hall and construct a new 69-bed nursing home addition. Selection and contract signing with the low bidder are expected to be completed this month and plans are already underway for the project's kickoff, including groundbreaking ceremonies and a luau, to be held on-site on Saturday, August 8, 2015.

As PCH COO Darlene Nakayama explains, "We want everyone to be a part of this historic event and to thank all for their ongoing support of our Home."

The day's activities will include tours of the PCH campus for interested guests, the groundbreaking ceremony and a luau with entertainment featuring Nohelani Cypriano. Ceremonies will begin at 9:00a.m. with a Taoist blessing by Reverend Duane Pang, a short program and the formal Groundbreaking, followed by traditional fireworks and lion dance.

The luau will begin at 11:00, and is open to the public. Please call 746-4906 to purchase luau tickets at \$25 per person.

PCH is now prepared to culminate its master plan for campus

redevelopment with the construction of a new one-story building – the PCH Progressive Care Complex. The building will house 69 skilled nursing beds and bring the Home's overall capacity to 130 nursing home and care home beds.

In addition to long-term care in the newly constructed section of the complex, the adjoining Victoria Ward Hall will be fully renovated

and repurposed to provide administrative and support services for PCH. It will house a larger, better-equipped Rehabilitation Center that will provide focus on Activities of Daily Living recuperation and rehabilitation for those transitioning from acute care to home.

Other features of the Victoria Ward Hall re-purposing will include a new activities room for

residents, hair salon, a multi-purpose room, public restrooms, rest/guest room for family and office and storage space.

This final phase of the PCH Campus Redevelopment Project, begun in 2003, has an expected completion of Fall 2016. We hope you'll join us on August 8 to celebrate all that PCH has achieved with your support, and to bless the work to come.



Happy golfer Arnold Hirotsu won the Grand Prize, trip to Hong Kong courtesy of China Air, a suite at the W Hong Kong and a round of golf at the Hong Kong Golf Club. Presenting the prize is the China Airlines Sales team and Narcissus Queen & 1st Princess.



Punahou students participated in the Harry & Jeanette Weinberg Foundation's Educating the Heart Program by entertaining the participants of the PCH Senior Day Care during the 2014-15 school year. At the end of the program, the Foundation donated \$5,000 to PCH. Pictured are Laura Chang Blust, Punahou's Chinese Language Teacher (left) and her students with CEO Darryl Ing on the right.



The enthusiastic Mulligan Sales Team of Chuck Sakamoto, Georgie Kam, Maylani Chang, Marie Sakamoto, Brenda Chang encouraged golfers to buy Mulligans and Lucky Number tickets.

Volunteer Opportunities

If you or a friend is interested in helping Palolo Chinese Home with its programs and services, consider becoming a volunteer. There are many volunteer opportunities available, including meal deliveries, friendly visitations and group activities for seniors.

For more information, or to sign up, please call Anlyn at 748-4909.

Students from Roosevelt High School assisted PCH with campus beautification projects during the 2014-2015 school year. (top row, from left): Lauren Kagibara, Human Resources Coordinator, Phillip Krystoff, teacher, William Aoki, Lori Simao, teacher, Darlene Nakayama, COO, Brian Lim, Environmental Services Manager, (bottom row, from left): Joshua Nishigaya and Kevin Park.



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Palolo Chinese Home is a private, 501(c)(3) non-profit charitable organization. From its origins over a hundred years ago PCH has been open to all regardless of race, religion, nationality, or ethnic origin. Palolo Chinese Home's mission is "To assist and care for elders and their families by providing a continuum of care which is professional and interdisciplinary, in a culturally sensitive family setting."

Palolo Chinese Home's newsletter is published for families and friends of PCH. If you would like to receive our newsletter by e-mail, or have comments, inquiries, or ideas, contact us at:

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Chief Operating Officer's Report

Aloha Residents, Families and Friends!

This will be one of our most memorable summers as we begin construction on the final phase of campus redevelopment. On Saturday, August 8th, 2015, we will celebrate this milestone with a ground breaking and luau to bless our new 69-bed Progressive Care Complex that will update and expand the existing Victoria Ward building. With this new building addition, we will increase our capacity to meet the needs of our growing senior community.

The new Progressive Care Complex will allow PCH to better address the complex issues and service gaps surrounding long-term care for seniors with limited resources. PCH is committed to provide affordable senior services, as those with the greatest needs for care are often the most limited in finances and neglected in social services. As the cost of providing healthcare and the cost of doing business in Hawaii continues to climb, PCH will continue its efforts to aid and offer subsidized care made possible through grants, fund raising events such as the annual golf tournament and gala dinner and building our endowment. We hope that you will continue to support our efforts through donations and participation in our events. Please mark your calendars and come to our luau on lucky 8/8, call 748-4906 to RSVP for a \$25 luau ticket.

PCH continues to offer a continuum of services that includes senior day care, overnight respite, care home, nursing home, rehabilitation services and hospice services. In addition to campus redevelopment, PCH also expanded services such as house cleaning, meals-to-go, personal care, companionship and chore services to provide a continuum of care in seniors' homes. PCH values our employees as care partners in delivering care as consistent staffing and staff retention are keys to high quality care. Therefore, to better invest in our staff, PCH recently added a 4% match to



Gail Lerch, Executive Vice President, Hawaii Pacific Health presents PCH Chief Operating Officer, Darlene Nakayama with a finalist trophy at the 2015 Women Who Mean Business Awards Banquet. A Pacific Business News annual event held at the Monarch Room in the Royal Hawaiian Hotel on Thursday, April 16, 2015.

"Women possess many qualities that can be of great benefit to our companies and organizations. Women are knowledge seekers, creative innovators and collaborative leaders. At the same time, they are compassionate, nurturing and understanding. These characteristics are just as important in business as they are in life. The women being honored epitomize these assets and more." ~ Gail Lerch. Darlene was one of 15 finalists from 140 nominations.

employees participating in our 401(k) retirement plans.

We at the Palolo Chinese Home are so grateful for all the support that you have given the Home and for giving us the opportunity to care for you. We believe that "getting old" is not the end, but a time for living. If you would like more information on any of the programs and services at Palolo Chinese Home, please do not hesitate to call me at 732-0488. Mahalo!



PCH Directors, Speaker Emeritus Calvin Say and Rep. Ann Kobayashi were on hand to congratulate Darlene as a finalist of the Women Who Mean Business award. Pictured are: (standing) Blossom Tyau, Darryl Ing, Darlene Nakayama, Lawrence Tseu, Calvin Say, Gordon Au. (Seated) Gladys Lee, Frances Goo and Ann Kobayashi.

National Nursing Home Week 2015

The American Health Care Association designated May 10 to 16 as National Nursing Home Week 2015. This is the one event each year that brings the long-term care community together on a nation-wide level.

In Hawaii, celebrations mean food and Nursing Home Week at PCH is no different! On Tuesday, 5/12, everyone enjoyed cookies from Island Hospice and manapua from Aloha Mobile Imaging. PCH provided manapua for all on Wednesday and a special treat of ice cream floats on Thursday, served with ramen burgers donated by Eddie Flores, Jr. and L&L Hawaiian Barbecue.

At 6:30 a.m. on Friday, kitchen staff prepared and served hearty breakfasts of pancakes, omelets and fruits for night shift employees, and the rest of the staff enjoyed doughnuts later in the afternoon.

But the highlight of the week had to be Monday, 5/11, when PCH Dining Services cooked up hotdogs and hamburgers for Tan-Ni Cheung's retirement party. Wishing Tan-Ni "Aloha" for 37 years of dedicated service at PCH was a perfect way to acknowledge all our hard-working staff during Nursing Home Week. Mahalo!

Aloha & Mahalo, Tan-Ni!

After 37 years at PCH, Certified Nursing Assistant Tan-Ni Cheung retired on May 12.

When Tan-Ni was named Employee of the Year in 2009, she was described as "a very special person to the residents, families and other staff members...dependable, consistent, someone who always gets the job done...very patient and often the one selected to train and mentor new staff...always smiling, cheerful, participating in and contributing to many years of growth and development at the Home..."

How do you top that? But if anything, the six years since have added to the high regard that supervisors, coworkers, residents and families have for Tan-Ni, and she for them.

Her patience, pleasant attitude and deep sense of responsibility are so impressive, one has to ask, was she born with these attributes? Tan-Ni says no, that as a young person she was less patient and more likely to show frustration, but with maturity comes wisdom and her very wise mother always advised, "Why be impatient or unhappy? Do things with a smile."

Tan-Ni moved to Hawaii in 1977. Prior to that she had attended nursing school, graduating in 1976, worked as a midwife and at Precious Hospital in Hong Kong. Here she first shared an apartment

with four other young women, including her sister, at the Fernhurst YWCA. In 1978 she was hired at Palolo Chinese Home, quite a different place from the PCH of today. For one thing, the nurses could live on campus in an old wooden dormitory, where Tan-Ni lived for a number of years before the aging building was torn down.



Tan-Ni Cheung, CNA (right) retired on May 12, 2015 after 37 years with PCH. Long-time friend and coworker Gloria Liu, with 32 years of service, wishes Tan-Ni a fond aloha.

When Tan-Ni came to Hawaii she didn't speak any English but soon picked it up along with phrases in several other languages, as she cared for the multi-ethnic residents of Victoria Ward Hall. Close long-time relationships with care home residents and her coworkers contributed to her job satisfaction. But for 37 years? Tan-Ni says that working at PCH was just right for her. She was able to balance her work schedule and family life, enabling she and her husband to raise their son and daughter.

Tan-Ni continues to personify the core values that make an outstanding nurse, but a professional caregiver also needs physical strength, and her knees have told her it's time to retire. So on Tuesday, May 12, Tan-Ni worked her last shift at Victoria Ward Hall. And on Wednesday, May 13, she and her

husband left to vacation in San Francisco to spend time with their son and relax. Enjoy retirement, Tan-Ni!

PCH 2014 Annual Report Now Available

The PCH 2014 Annual Report is now available for viewing on our website at www.palolohome.org. To request a printed copy by regular mail, please call the Development Office at 739-6033.

Meet Dick Oshima, New PCH Director



"Dick" Isoo Oshima, new PCH director in 2015, is the owner and Managing Director of Oshima Company CPA LLC, a Certified Public Accounting firm in Honolulu.

First introduced to Palolo Chinese Home many years ago by a personal friend and current director by way of an invitation to play in our annual golf tournament, Dick didn't know much about the organization.

It was much later, in 2014, when he was asked to serve on the PCH Board of Directors that he recalls, "Having become aware of how large, how old and how prestigious PCH is, I was quite honored to be asked."

Looking back at his days as a college freshman and self-described former "goof-off," Dick considers himself a lucky guy to have the good life he enjoys today and gives back by providing volunteer leadership to community non-profits.

Dick was born in Arkansas in January 1944 – in Rohwer Relocation Center, one of ten War Relocation Authority (WRA) relocation centers established by U.S. Executive Order 9102 to incarcerate persons of Japanese ancestry during WWII. The WRA was created in March 1942 and the internment camps officially ceased operations on June 30, 1946, after which the Oshimas lived in Stockton, California.

GIVING WISELY: Leaving Something Behind

When you have taken care of your family in your future financial plans, would you also like to create a legacy and have a positive impact on our community? Everyone can leave a legacy, large or small, that will make a difference for those who follow us. What will your legacy be? Palolo Chinese Home has a program to help you plan your legacy. We would like to be one of the charities you include in your charitable plans. There are many ways you can include us. Our supporters are finding that many of these options are much easier to do than they imagined:

1. Name Palolo Chinese Home as a beneficiary of your Will or revocable living trust, or of an insurance policy or retirement account. You keep control of your assets until you no longer need them, and by giving a specific amount or percentage to the Home, you can help to build our reserve funds and endowment to ensure that future seniors are cared for in a culturally sensitive family setting. All gifts, large and small, are needed and greatly appreciated.

2. Make a gift now of real estate you and your family members no longer need or want, or of stock that has appreciated in value but pays you very little or nothing in dividends. You will avoid the capital gains tax on any growth in value, put their full value to work to support our seniors right now, and receive an income tax deduction as well. You can establish a Named Endowed Family Fund and see the benefits to our seniors start during your lifetime.

Graduating from high school in 1961, Dick received his B.S. in Accounting from the University of California Berkeley in 1970. During the intervening nine years he experienced an uninspired two-and-a-half years as a pre-Engineering student (thus, the reference to being a "goof off"), four-plus years of service in the U.S. Air Force and finally, the determination to get a college degree and a good job.

Dick was employed in San Francisco and Honolulu by CPA firm Coopers prior to starting his own CPA firm in 1975. Today, Oshima Company CPA is a successful CPA firm with 11 employees and expertise in traditional accounting, income tax and estate tax preparation and planning services.

Dick has also actively volunteered in the community since starting his own firm. While very new to the PCH Board, with his experience as a CPA in public practice for 45 years, he sees his role as focusing on financial matters and looks forward to contributing in other areas as well. "So far, what I have been exposed to has been a very rewarding experience and I feel I made a good choice by agreeing to be a part of PCH. I consider volunteering a civic duty to the community-at-large, in which I have been fortunate to earn a living, and I try as best I can to take this obligation seriously."

What else does Dick Oshima like to do? "Work, work, work. I like my job. Lately I golf once a week but I'm terrible at it. I also spend time entertaining my wife's granddaughter, and of course, my wife."



3. Increase your income by giving that same real estate or stock, or cash, to fund a life-income plan and avoid the immediate capital gains on any growth in asset value. In addition to tax benefits, you will receive income based on their full value, for your lifetime or a term of up to 20 years. You can enjoy travel, cover health care costs, or help family members with your additional income, all while knowing that your future gift will help seniors live in comfort and dignity.

There are so many interesting and beneficial ways to plan gifts that it is impossible to include them all here. Please visit our website at www.palolohome.org to learn more about ways to give and the PCH endowment opportunities. CEO Darryl Ing would be happy to send you materials to help you get started in your planning. Please contact him at 808-739-6033 or by email at darryl.i@palolohome.org.

Giving Wisely provides ideas for those who would like to help Palolo Chinese Home by making charitable gifts that also meet personal financial planning priorities. We recommend that you always discuss charitable gifts with your advisors to help you decide