

COMMUNITY PHOTOS



Donna Tamoue, Bank of Hawaii Vice Chairman and President of the Bank of Hawaii Foundation, and Vice President and PCH Board member Dana Takushi present PCH Board Chair Roger Liu (left) and CEO Darryl Ing with a capital campaign pledge of \$50,000.



Construction has begun and we're on the road to completion of the PCH Campus Redevelopment Project. The last phase will renovate and repurpose Victoria Ward Hall and add a new 69-bed nursing home wing.



See Dai Doo Society President Wes Fong presents CEO Darryl Ing with a donation during the Society's annual visit to the Home.



The PCH Food Service Department was recognized for perfect attendance and zero employee turnover in a 12-month period with congratulations from PCH management and a monetary award.

Ground Breaking & Luau Event

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Mahalo to everyone who coordinated, took part in, and attended the day's events. We are grateful to the many who have supported and continue to support PCH. Soon, our 10-year effort to redevelop our campus will culminate in the renovation and construction of a new 69-bed nursing home addition – thanks to you!



From left: PCH COO Darlene Nakayama, Board Members Doug Smith, Dana Takushi, Eric Watanabe, Roger Liu, J. P. Schmidt, Lawrence Tseu, Blossom Tyau, Walton Shim, Gladys Lee, Frances Goo, Directors Emeritus Wes Fong, Bernard Fong, Carolyn Ballou, and CEO Darryl Ing.

Palolo Chinese Home

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Federal Tax ID# 99-0073521

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The blessing of "long life" is universally celebrated. At Palolo Chinese Home, the Chinese character for longevity (shou) has long been used as a symbol. The artist, by adding two brush strokes, has incorporated the Chinese character for people or mankind (ren), and the result is an image of a roof embracing long life - our wish for you. The unbroken circle signifies our mission of continuous care and respect for our kupuna (elders). Logo designed for Palolo Chinese Home by Clarence Lee.

Aloha United Way



Designate your donation.

Activities Program continued from page 2

Psychological activities include peer interaction and frequent visits from staff, volunteers, family and friends. Sometimes a 1:1 visit from a staff person is what makes a resident happiest – someone to just hold a hand and listen. Gentle touch, reading and playing the resident's favorite music are activities done with residents in hospice care.

PCH offers numerous mind, body and spirit activities, including spiritual services of all denominations. There are prayers, communion and cultural events as the Bon Dance and Qing Ming to honor ancestors.

PCH also offers leisure activities and the comforts of home – the daily newspaper, magazines, watching television and playing puzzle games. Staff and families often stroll residents throughout the grounds to enjoy views of the mountains, trees, flowers and wildlife. A rest area is provided in the Senior Day Care Center.

Meal time is a special time at PCH, where residents can select from a variety of culturally diverse foods – chicken hekka, bulgogi, pork adobo and pan luau, to name a few. Healthy meals give residents the strength and vigor to remain active. PCH monitors the daily intake of residents and follows individual dietary restrictions. Meals are also available to community clients through the PCH Meals to Go program, which delivers hot meals or a week's worth of frozen meals to seniors living in their homes.



Non-resident participants in the PCH Senior Day Care (SDC) program are also provided activities that are meaningful, fun and based upon their interests. These include supervised care, stimulating activities and exercise, peer socialization and nutritious meals. PCH also provides medical care in SDC, checking each participant's blood pressure, pulse and weight each month. The staff can also assist participants with their medications. Additional services include Spa Showers and Nail Care.

Nursing Home activities are governed by federal regulations that PCH meets and exceeds. Per the most recent posting on Medicare.gov, the official U.S. government site for Medicare, Palolo Chinese Home has again been given the highest Five-Star rating for Overall Quality, due in part to its comprehensive Activities Program.

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PALOLO CHINESE HOME

October 2015 • Volume 29 • No. 3

Caring For All

Groundbreaking & Luau Events of 8/8 Welcome Community to PCH Campus

The skies over Palolo Valley rained blessings in the early morning of August 8, then cleared, leaving cooling breezes to greet the estimated 250 who came to PCH throughout the day to attend the groundbreaking and luau in celebration of the final phase of the PCH Campus Redevelopment Project.

A Taoist Blessing by Rev. Duane Pang, Hawaiian chant by Kimo Kahoano, proclamation from Gov. David Ige, and lion dance and fireworks by the Kuo Min Tang Society, marked the official groundbreaking ceremony. Delicious luau dishes, prepared by the PCH Food Services Department, were enjoyed by all. Guests were treated to wonderful entertainment featuring Nohelani Cypriano and her troupe of musicians and dancers, thanks to Dr. Lawrence Tseu.

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Rev. Duane Pang leads the groundbreaking ceremony with Taoist prayers and blessings.



Chaplain Bill Crockett blesses the delicious Hawaiian food prepared by the PCH Food Service staff.



Fran and Lester Obayashi of Obayashi Design Group with PCH HiNOA Director Kevin Wu (left).



Guests enjoy the music, songs and dances of Nohelani Cypriano and her troupe of entertainers.



Long time PCH supporters Joe and Cathy Wu join the festivities.



Lions from Kuo Min Tang Physical Culture Association receive lycee from the audience in exchange for blessings and good luck.



From left: Darryl Ing, Eric Watanabe, First Hawaiian Bank Vice President Lisa Tomihama, Rep. Ann Kobayashi, and Blossom Tyau.



Board members Blossom Tyau and Eric Watanabe (far right) flank smiling guests (from left) Daniel Lau, Eddie Flores, Jr. and Russell Lau.

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Chief Operating Officer

Palolo Chinese Home is a private, 501(c)(3) non-profit charitable organization. From its origins over a hundred years ago PCH has been open to all regardless of race, religion, nationality, or ethnic origin. Palolo Chinese Home's mission is "To assist and care for elders and their families by providing a continuum of care which is professional and interdisciplinary, in a culturally sensitive family setting."

Palolo Chinese Home's newsletter is published for families and friends of PCH. If you would like to receive our newsletter by e-mail, or have comments, inquiries, or ideas, contact us at:

Development Office, PCH
2459 10th Avenue • Honolulu, HI 96816
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Email: info@palolohome.org
Call 808.739.6033.

Chief Operating Officer's Report



Darlene H. Nakayama, RN, NHA
Chief Operating Officer

Aloha residents, families, and friends, I want to THANK YOU for your support of our Ground Breaking & Blessing ceremony and luau, showcasing the growth and development of Palolo Chinese Home (PCH), and the new construction of the Progressive Care Complex (PCC). It was a great success with our kitchen's ONO-licious Hawaiian food, Palolo Chinese Home Women Auxiliary's amazing Country Store, Ms. Nohelani Cypriano's beautiful songs and dance, Reverend Duane Pang's wonderful traditional Taoist Blessing, and Kuo Ming Tang's good luck lion dance.

The new PCC will connect to our existing Victoria Ward Hall and will result in a total of 130 beds with 17 care home beds (with Expanded Care) and 113 nursing home beds (Skilled Nursing/Intermediate Care). At the end of the project, the 17 care home beds will be relocated from Victoria Ward Hall to our Harry Wong Hall building. The construction will take about one year to complete with a projected completion date of July 2016.

PCH staff and contractors are making every effort to minimize noise, dust and other inconveniences from the construction. Dust barriers are high, connected directly from ground to roof eaves, to prevent any dust containments from entering into Victoria Ward Hall. Once the foundation concrete is poured, the dust barriers will be adjusted to allow additional light and fresh air. Parking will be limited due the need of heavy truck access

We want to thank-you for your support, patience and understanding for any inconvenience that the construction will create and hope that this transition will be a smooth one.

We are so grateful for the support that all have given to the Home, and for the opportunity given to us to care for your loved ones. If you would like more information on any of the programs and services at Palolo Chinese Home, please do not hesitate to call me at 732-0488 or you can email me at dnakayama@palolohome.org. Mahalo!

About PCH: Our Activities Program

At the heart of Palolo Chinese Home is its Activities Program for residents. Activities are an integral part of quality senior living and central to person-centered care.

According to COO Darlene Nakayama, "The Activities Program at PCH is based on the premise that our services and programs are geared to maintaining the resident's highest functional level and independence, allowing him or her to reside in the least restrictive and safest environment. It addresses each person's quality of life."

The individual comprehensive assessment is where an understanding of each resident's interests begins. Family involvement and input from staff and

volunteers who spend time with the resident add to the assessment. Staff then involves the resident in an ongoing program of activities designed to appeal to his or her interests and attain the resident's highest level of physical, mental and psychological well-being.

Activities such as singing, pet visits and music are designed to stimulate all the senses. Other activities – memory games, word games, reminiscing, crafts, cooking and bingo among them – help to maintain an alert mind.

Special interest activities that include gardening, field trips and holiday crafts keep residents oriented to the time of year and bring back special memories.

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Success According to Blossom – "Count Your Blessings Every Day!"



Blossom Y. Tyau

The Women's Liberation Movement of the 1960s may seem far removed from 2015, but even before "Ms." became politically correct, Blossom Young Tyau had begun her ascent to and through the "glass ceiling" – that unseen barrier that kept minorities and women from rising to the upper rungs of the corporate ladder.

Blossom's first involvement with Palolo Chinese Home was 23 years ago as a volunteer to the planning committee for the Dynasty Invitational Golf Tournament, a fundraiser for the Home and a responsibility that she continues to fulfill today. She is a long-time member of the PCH Board of Directors and served as Vice Chair of the PCH Capital Campaign. "I enjoy being involved with Palolo Chinese Home because its mission includes caring for the elders at Hawaii's leading nonprofit residential care facility," says Blossom, "PCH has grown its capacity to serve and we are looking forward to final improvements. I am proud to be serving as co-chair of our current capital campaign."

In 2010, PCH recognized Blossom's many contributions to the Home and community at its dinner gala, "Celebrating Community Volunteerism – A Lifetime of Service."

Born and raised in Happy Valley, Maui, Blossom Young was admittedly kolohe (naughty; a rascal), yet seems to have chosen her interests and activities with an eye to the future. Active involvement with Christian Endeavor and the Girl Scouts stressed good conduct and unselfish service to others. And as a member of the legendary Coach Soichi Sakamoto's Three Year Swim Club, she benefited from training discipline and character building.

When asked to relate something about herself that would surprise people, Blossom says, "As a freshman at the University of Hawaii, Manoa, I won the jitterbug contest at Hemenway Hall with dancer Kwan Hi Lim, who became a Honolulu attorney and actor, recognized for his character parts on Hawaii Five-0 and Magnum, P.I." Actually, that wouldn't surprise anyone who knows Blossom!

Blossom married Vernon Shui Fong Tyau in wartime. Thanks to the help of doting grandparents, Blossom and Vernon raised two children while Blossom worked full-time. In fact, it was at the recommendation of her father-in-law, who worked at American President Lines (APL), that Blossom got a job in 1949 as a temporary switchboard operator at APL.

The cruise line's Passenger Department subsequently offered Blossom the position of Passenger Sales Representative. Ultimately, a new position of Sales and Public Relations was created at APL specifically for Blossom. "This advancement was not attained without resistance from the men in management. The decades of the 1950s and 1960s found women stifled with inferior positions, particularly in private sectors," Blossom recalls. "We women had to exert more effort and display more talent just to meet or transcend gender bias and limitations that existed, as management and administrative positions were generally reserved for men."

Throughout her 45-year career and beyond, Blossom has received a multitude of recognitions and awards, all the while giving her time and efforts to many community organizations and causes as a volunteer. To name just a few - she was appointed by Governor George Ariyoshi to the Hawaii State Commission on the Status of Women; is a past president of Travel Women, Hawaii and was the first recipient of its "Most Outstanding Member" award; and has served on the boards of over a dozen professional organizations and nonprofits. Likewise, she has fundraised for many charitable causes and was honored as the 2014 National Philanthropy Day "Outstanding Volunteer Fundraiser" by the Association of Fundraising Professionals, Aloha Chapter and the Honolulu Star-Advertiser.

At 93, Blossom can think of nothing special that she's done that explains her good health and longevity – not even heredity. "I've been lucky," she says with a laugh, "I get up in the morning and I'm thankful to be able to enjoy another day!" Her wit, mind and memory remain sharp – rivaling those of a person half her age. She is a 21st century woman with one exception: Blossom vows not to give up her trusty typewriter in favor of a computer until they stop making ribbons for it.

Please Remember to Designate Palolo Chinese Home for Your United Way Gift

If you want your Aloha United Way gift to go to Palolo Chinese Home, you must designate your donation.

It's easy to designate your donation on AUW's 2015 Pledge Form, available from your employer or online at <http://www.auw.org>.

The AUW assigned designation code number for Palolo Chinese Home is **96410**.

And remember, AUW requires a minimum contribution of \$48 per donor-designated gift.

PLEASE:

1. Complete the 2015 AUW Pledge Form.
2. Go to Optional Donor Choice and fill in the designated code number under Agency/Program Support
3. Palolo Chinese Home's AUW designation code number is **96410**.

MAHALO!



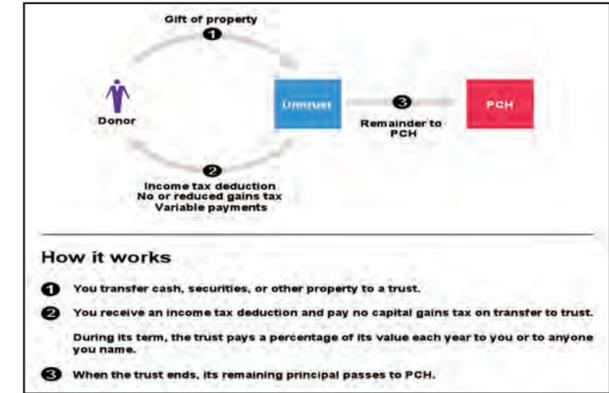
GIVING WISELY: Secure the Future of Palolo Chinese Home With a Life-Income Gift

Palolo Chinese Home has been in Palolo Valley for 99 years, and in existence for more than 100 years. "Let's be sure that we're here for another 100 years – and beyond," says CEO Darryl Ing. "Let's build a fund that will provide income in perpetuity to ensure that our care for the elderly is ongoing and first quality, regardless of what changes the future may bring. Our ability to continue to provide a full spectrum of services to Hawaii's seniors greatly depends upon growing an endowment through charitable gifts from long-time friends."

The PCH endowment got its start with a generous estate gift from Wilford Pang. Endowment funds are invested and generate essential revenue to support critical services, changing technology, up-to-date facilities, and annual operations, enabling the Home, in good times as well as bad, to meet new challenges and take advantage of special opportunities that arise.

A gift that first pays income to you or your designated beneficiary or beneficiaries is one very effective way to make a future gift to the Home's endowment fund, while meeting your own financial goals. For example, if you own property that you no longer wish to manage but hesitate to sell because of the capital gains tax you would owe:

- You can contribute the property to a charitable life-income plan.
- You will enjoy income tax savings and avoid the immediate capital gains tax you would have to pay if you sold the property.
- You will put the full fair market value of the property to work earning income for your lifetime, or for a term of up to 20 years.
- When the trust terminates, the remaining principal goes to PCH for the purpose you designate, for example, to add to the endowment.



Please visit our website at www.palolohome.org to learn more about the many beneficial ways to help build the PCH endowment. Please contact CEO Darryl Ing for a personal illustration of this or any other charitable gift plan at 808-739-6033 or by email at darryl.i@palolohome.org.

Giving Wisely provides ideas for those who would like to help Palolo Chinese Home by making charitable gifts that also meet personal financial planning priorities. We recommend that you always discuss charitable gifts with your advisors to help you decide what is best for you.

YEAR-END PLANNING TIPS: Earn Tax Savings and Help Palolo Chinese Home

Do you have stock or mutual funds that pay little income to you but are still worth more than you paid for them? If so, contributing some of them to Palolo Chinese Home before the end of the 2015 tax year may not have much impact on your current income, and the charitable deduction may provide you with a tax savings. You will owe no tax on the capital gain, and the full value of the securities can help to ensure on-going care for seniors for generations to come by building the Home's endowment fund.

Do you own stock or mutual funds that are worth less than you paid for them? If so, it may be best to sell them, report the loss when you file your tax return, and contribute the proceeds to PCH. The combined tax deductions for the capital loss and the charitable gift could be greater than the current value of the securities.

If you are not sure whether to give cash or appreciated securities, you may want to consider giving the latter. You can deduct the full value, avoid paying tax on the capital gain, and, if you wish, use cash to repurchase the stock or mutual fund at its current price (a higher cost basis).

To make a gift of securities to benefit Palolo Chinese Home, please instruct your broker to transfer the stock to:

Wachovia Securities LLC DTC #: 0141
Account Title: The Palolo Chinese Home Account Number 6569-6359
Representative: Thomas A. Lau/Herman S.O. Ching
Branch Code: HNA2
Representative #: HN46 (Lau)
Phone Numbers: 808-547-5330 (Thomas Lau);
808-547-5266 (Herman Ching)

Please ask your broker to mention the name of the stock, the number of shares, and any special instructions for the use of your gift. Please send a copy of these instructions to Darryl Ing, Chief Executive Officer, Palolo Chinese Home, 2459 10th Avenue, Honolulu, HI 96816-3051, or by fax to (808) 735-1754, so that we may properly credit and acknowledge your gift. If you have stock certificates, please call Darryl for instructions at (808) 739-6033. Mahalo nui loa for your generosity!