



CELEBRATING THE YEAR OF THE WATER RABBIT



Kung Hei Fat Choy! On Saturday, February 25, 2023, we welcomed residents and guests to celebrate the Year of the Water Rabbit. Our Chinese New Year event featured festivities including blessings for the year, traditional song and dance, festive fireworks, and a lion dance from Chinese Lion Dance Association.

Our partners at L&L Hawaiian Barbecue Restaurant Ala Wai prepared a delicious takeaway bento lunch, paired with gao made by our very own Chef Steven Yim.

We were honored to receive a special recognition from the Buddhist Tzu Chi Foundation who recognized the Home's role in the establishment of The Heart Lotus Life Program in Hawaii – a program developed by PCH and the foundation to create compassionate communities that the foundation has since expanded.

Wishing you a year filled with good health, happiness and prosperity.

CRISPY BAKED GAU RECIPE

CONTAINER: 2½" | HOTEL PAN, YIELD: 48

INGREDIENTS

- 1 box Mochiko Flour
- 2 cups Brown Sugar
- ¾ cup Granulated Sugar
- 1 tsp Baking Soda
- 13.5 oz Coconut Milk
- 2 cups Whole Milk
- 2 tsp Vanilla Extract
- 2 Tbsp Sesame Seeds

INSTRUCTIONS

1. Pre-Heat Oven to 400° Fahrenheit.
2. Sift together all dry ingredients, make a well out of sift.
3. Add liquids to middles of well and gradually mix until smooth.
4. Pour batter evenly in to pan(s).
5. Coat top with Sesame Seeds.
6. Bake at 350° for 50 minutes. If using Convection Oven reduce to 300° for 40 minutes.
7. Let rest for 30 minutes before cutting.



Steven Yim, Food and Nutritional Service Manager at PCH, gets a visit from his son while preparing gau for Chinese New Year celebration.



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A MESSAGE FROM THE CEO | DARLENE NAKAYAMA

SPRING BRINGS BLESSINGS AND RENEWAL TO PCH



12 years. He is a compassionate and knowledgeable nurse who brings his expertise and skills to caring for others.

PCH is so blessed by our many generous donors and supporters. We wish to recognize those who have given to our endowment fund to assist with the education and training of our staff. The endowment fund will donate \$16,283 to our operations this year.

In February, we celebrated Chinese New Year with our board members, residents, staff, and friends. PCH was also recognized by the Tzu Chi Foundation for its work on the Heart Lotus Life Program. Our kitchen, along with Steven Yim, the Food and Nutritional Services Manager, baked a delicious homemade Gau. Brenda Young Matsui also made Chinese Pretzels for everyone to enjoy.

Looking ahead to May, we are excited to be hosting our 31st Annual Dynasty Golf Tournament with Eddie Flores as its Honorary Chair. All proceeds will be used directly to help pay for PCH's senior services and programs.

Palolo Chinese Home is so excited to see how 2023 is "blossoming." It will be a wonderful year of health, wellness, and prosperity.

Aloha!

Darlene H. Nakayama, CEO

As Palolo Chinese Home (PCH) welcomes the Spring Season of 2023, I wish you all a Happy New Year—the Year of the Rabbit! Not only is the rabbit this year's zodiac animal, but it also symbolizes springtime, representing a season of "starting fresh and starting over." As a result, we feel happier and more energized. Many of us consider springtime the most beautiful time of year with its blooming flowers, plants, and gardens.

We are starting the Spring with more visitors and entertainment, a new Director of Nursing, a generous endowment gift, and a celebration of Chinese New Year. We look forward to hosting even more fun activities on campus for our residents. Our staff is also taking every opportunity to "safely" open the home to visitors. Recently, we hosted volunteer school groups and entertainers like the 808 Ukulele Orchestra.

The new year began with the introduction of PCH's new Director of Nursing, **Juan Gonzalez**, who has been with us for



PALOLO CHINESE HOME
FARM HALL

GIVE TO THE PCH ENDOWMENT FUND

As the cost of care continues to increase and more seniors are in need of quality care in their homes or within Palolo Chinese Home, our donors become even more vital to our operations. The generous donors of our PCH Legacy Society ensure that our facilities, programs, and services meet the growing elder care needs of our community. Mahalo to the following families and contributors.

PCH Named Endowments

Henry H. Choy Family Endowment Fund	Alice & Roger Liu Sr. Endowed Family Fund
Mrs. Mary K. and Frank Farm Jr., Endowed Family Fund	H.Q. & Minnie Pang Endowed Family Fund
Roberta & Bernard Fong Family Endowed Fund	Lilia Quan Endowed Family Fund
Andrew & George Lee Endowed Family Fund	Allen & Aileen Soong Endowed Family Fund
Tung Lee Endowed Family Fund	James & Eileen Soong Endowed Family Fund
Dr. Roberta Wong, Aldrin, Aldrinana, & Robbieana Leung	J. Wong-Quant & Hope L. Wong Endowed Family Fund
Endowed Family Fund	Amy & Clifford Woo Family Endowed Fund

PCH General Endowment Contributors

Cynthia Ai	Lannie Dung	Lawrence Okinaga
Sandra Akaka	Eddie Flores, Jr. and Elaine Flores	Wilfred Pang Trust Endowment
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Mona Chock	Mee Quai Loo	Wong Leong Doo Benevolent Society
Norma Dang	Chew Nung Lum	Norma Young
	Ocean View Cemetery	Pauline Young

When giving to the Palolo Chinese Home Endowment Fund, your gift is “permanently restricted” and the original donation is never spent. Only a portion of the interest or earnings from the endowment is spent on an annual basis.

For more information about the various ways you can support Palolo Chinese Home, please contact **Darlene Nakayama** at dnakayama@palolohome.org or (808) 748-4901.

NOTE: Everyone's situation is different. Palolo Chinese Home encourages you to seek professional legal, estate planning, and financial advice before deciding on a course of action. This information does not constitute legal or financial advice and should not be relied upon as a substitute for professional advice.



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Better Care. Better Lives

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The blessing of "long life" is universally celebrated. At Palolo Chinese Home, the Chinese character for longevity (shou) has long been used as our symbol. By adding two brush strokes, the artist, the late Clarence Lee, incorporated the Chinese character for people or mankind (ren), and the result is an image of a roof embracing long life — our wish for you. The unbroken circle signifies our mission of continuous care and respect for our kupuna (elders).

MARCH 2023



31st Annual Dynasty Invitational Golf Tournament

Friday, May 12, 2023 at Ala Wai Municipal Golf Course



Mark your calendars for the 31st Annual Dynasty Invitation Golf Tournament! On Friday, May 12, 2023 join us for 18-rounds of golf while supporting the life-changing work of Palolo Chinese Home. Building on the excitement of our triumphant return last year after a two-year hiatus, we are excited to once again see you all at our largest fundraiser of the year! Your support empowers the work of this very special place in our community and there's still time for you to get involved!

We invite you to consider participating as a tournament sponsor, registered team or volunteer, and help further our mission to provide the best care for our kupuna. All proceeds from the tournament will go directly to support the Home's operational costs, educational training, and care services provided directly to seniors and their families.

For more information, questions, email **Brenda Young-Matsui** at bmatsui@palolohome.org or (808) 748-4904.