### September 3 - 9, 2023

Please turn in menu selections to Food and Nutrition Services by 12PM on Thursday. Mahalo!

**Disclaimer:** Menu subject to last minute changes due to supplier stock, recalls, and / or weather.

**Always Available:** Baked Chicken / Fish, Yogurt, House Salad, Fruits, Bread / Toast (Diet Permitting)

| SUNDAY  
9/3 | MONDAY  
9/4 | TUESDAY  
9/5 | WEDNESDAY  
9/6 | THURSDAY  
9/7 | FRIDAY  
9/8 | SATURDAY  
9/9 |
|---|---|---|---|---|---|---|
| Bacon & Pancake  
Cream of Wheat Papaya | Scrambled Eggs w/ Skillet Potatoes  
Oatmeal  
Banana | Sausage Patty & Waffle  
Cream of Wheat Papaya  
Oatmeal  
Banana | Spinach & Tomato Scramble w/ Rice  
Miso Soup  
Carrots  
Vanilla Pudding | Portuguese Sausage & French Toast  
Cauliflower Salad  
Spinach Salad  
Miso Soup  
Green Bean | Skillet Scramble w/ Rice  
Papaya  
Broccoli  
Green Bean | Sausage Links w/ Biscuit  
Cream of Wheat Papaya  
Papaya |
| **Labor Day** | **Chinese Style Steamed Fish**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Spice Salad  
Italian Vegetable Mix  
Orange Wedges | **Chinese Style Steamed Fish**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Miso Soup  
Carrots  
Vanilla Pudding | **Chicken Nishime**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Miso Soup  
Carrots  
Vanilla Pudding | **Pork Guisantes**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Miso Soup  
Carrots  
Vanilla Pudding | **Hamburger w/ Lettuce & Tomato**  
Pork Tofu  
Pork Adobo  
Ham & Cheddar Sandwich | **Hamburger Steak**  
Pork Tofu  
Pork Adobo  
Ham & Cheddar Sandwich |
| **Egg Salad Sandwich**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Cauliflower Salad  
Green Beans  
Cherry Pie | **Egg Salad Sandwich**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Spice Salad  
Italian Vegetable Mix  
Orange Wedges | **Egg Salad Sandwich**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Spice Salad  
Italian Vegetable Mix  
Orange Wedges | **Egg Salad Sandwich**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Spice Salad  
Italian Vegetable Mix  
Orange Wedges | **Egg Salad Sandwich**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Spice Salad  
Italian Vegetable Mix  
Orange Wedges | **Egg Salad Sandwich**  
Mandarin Chicken Salad  
Regular Entrees Served with:  
Rice or Mashed Potatoes  
Spice Salad  
Italian Vegetable Mix  
Orange Wedges |
| **Pork Tofu**  
Roast Turkey w/ Gravy  
Thai Ground Pork Noodles  
Mapo Tofu  
Tofu Tuna Mix  
Roast Pork w/ Gravy  
Pork & Long Bean  
Roast Turkey w/ Gravy  
Thai Ground Pork Noodles  
Mapo Tofu  
Tofu Tuna Mix  
Roast Pork w/ Gravy  
Pork & Long Bean  | | | | | | |
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<th>SUNDAY 9/10</th>
<th>MONDAY 9/11</th>
<th>TUESDAY 9/12</th>
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<th>THURSDAY 9/14</th>
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<th>SATURDAY 9/16</th>
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<tr>
<td>Cheesey Omelette w/ Rice</td>
<td>Oatmeal Banana</td>
<td>Bacon &amp; French Toast</td>
<td>Cream of Wheat Papaya</td>
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<td>Chicken Stir Fry</td>
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<td>Lemon &amp; Basil Baked Fish</td>
<td>Steel &amp; Sour Meatballs</td>
<td>Baked Fish w/ Lemon Wedge</td>
<td>Beef Creole Macaroni</td>
<td>Fried Rice</td>
<td>Portuguese Bean Stew</td>
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<td>Seafood Bake</td>
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<td>Tuna Salad Sandwich</td>
<td>Santa Fe Salad</td>
<td>Chicken Salad Sandwich</td>
<td>Turkey &amp; Swiss Sandwich</td>
<td>Egg Salad Sandwich</td>
<td>Ham &amp; Swiss Sandwich</td>
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<td>Ham &amp; Provolone Sandwich</td>
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<td>Regular Entrees Served with: Rice or Mashed Potatoes, Lomi Tomato Salad, Tomato Soup, Broccoli, Cherry Pie</td>
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<td>Pork Cutlet Curry</td>
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<td>Korean Chicken</td>
<td>Battered Pollock w/ Lemon Wedge</td>
<td>Chili w/ Beans</td>
<td>Pork Stew</td>
<td>Baked Ziti w/ Italian Sausage</td>
<td>Chicken Curry</td>
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<td>Shepherds Pie</td>
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<td>Meat Lasagna</td>
<td>Pork &amp; Choi Sum</td>
<td>Kalua Pig w/ Cabbage</td>
<td>Cajun Roasted Chicken</td>
<td>Steamed Black Bean Fish</td>
<td>Meatloaf w/ Tomato Sauce</td>
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