



PALOLO CHINESE HOME

2023 ANNUAL APPEAL



REMEMBERING MRS. MARGIE LEE

A STORY OF FAMILY, COMMUNITY, AND COMPASSIONATE CARE

A long-time resident of Palolo Chinese Home, **Mrs. Margie Lee** was a remarkable woman. She had a wonderful business sense for restaurants and real estate. She was also blessed with a loving family, who have continued to carry on her legacy of giving back to the community.

Mrs. Lee moved to Hawai'i from Canton, China, when she was 12 years old. Her husband, Chock Lun Lee, also hailed from Canton,

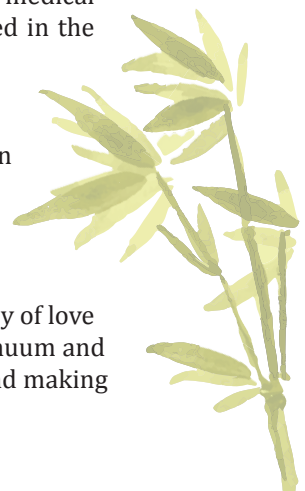
and together they built a life that would include five children. An entrepreneurial spirit characterized their path as they ventured into the restaurant industry and later transitioned into real estate, successfully managing multiple apartment buildings. Despite the bustling nature of her life, Mrs. Lee made time to attend Chinese society banquets and generously contributed to various charitable causes.

Mrs. Lee's eldest son, **Wayson Lee**, and daughter-in-law, **Edwina Lee**, both actively participate in the Chinese community, initially connecting through the Honolulu Chinese Jaycees. They have also given of their time to support the Boy Scouts of America, with their twin sons attaining the prestigious rank of Eagle Scouts. As their children transitioned into adulthood, Edwina's involvement expanded to encompass numerous organizations, including the Organization of Chinese American Women – Hawaii Chapter, the Tsung Tsin Association, the Hawaii Chinese Civic Association, and the Associated Chinese University Women—an organization which has had a rich history in Hawai'i for nearly a century and has also generously supported PCH. Edwina assumed leadership roles in each of these organizations, upholding the family's tradition of community service.

Palolo Chinese Home had the honor of caring for Mrs. Margie Lee for five years, beginning with her enrollment in the Senior Day Care program. She also stayed in Respite Care during her family's vacations. As her care needs increased, a medical recommendation led to her residence at PCH from May 2019 to May 2023. She enjoyed the food, participated in the various activities, and cherished the weekly visits from her family.

The family's choice to entrust Mrs. Lee's care to PCH was rooted in familiarity and trust. Observing Mrs. Lee's enjoyment of the PCH Senior Day Care program had instilled a sense of comfort and security in their decision to transition her care to a full-time residency. The PCH staff provided ongoing warm and informative communication about Mrs. Lee's well-being, further solidifying the family's confidence that she was receiving the highest quality of care.

Following Mrs. Lee's passing at the age of 97, her family honored her memory with a donation to PCH. The legacy of love and gratitude left by the Lee Family is a powerful testament to the impact of the home's supportive care continuum and compassionate team. Mrs. Lee's story, in turn, is a tribute to a life well lived—dedicated to family, enterprise, and making a difference in the lives of others.





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LETTER FROM THE CEO

Merry Christmas and Happy New Year to you and yours.

Palolo Chinese Home (PCH) is grateful for the unwavering support we've been blessed with throughout the year from residents, families, and friends of our home. We are also thankful for our dedicated team of managers and staff for providing the highest quality of care for kupuna.



Our goal is to always keep our seniors safe, happy, well, and as independent as possible. We also strive to alleviate the stress placed on family caregivers. This past year, PCH once again achieved these aspirations by following the tenets of our mission statement—"to educate, support, and care for seniors and their families by providing a continuum of quality care in a culturally sensitive family setting."

As our seniors' care needs change, PCH seamlessly accommodates that change. We offer a robust range of services that includes hospice, skilled nursing and rehab, adult residential care, overnight respite, day care, personal care and house cleaning services, meals-to-go and more. On any given day we may serve families going on vacation that require overnight respite for their loved ones, seniors who have been hospitalized and are admitted to our care for skilled rehab, or others needing full-time support as residents—with the Palolo Chinese Home honored to become their home.

To help provide this dynamic care, PCH has received donations from many generous supporters and community organizations. Among them, the Kupuna Aging in Place Grant from Hawai'i Community Foundation. This grant enables PCH to subsidize some of the cost placed upon families that are providing in-home care, offering support and care measures to help decrease the likelihood of falls, maintain nutritional status, keep kupuna minds engaged and decrease overall stress on family members. The grant also provides PCH funds to offer educational sessions on topics of particular interest to seniors and caregivers, and we present these free of charge for our residents, PCH families and the broader community.

The home additionally hosted a successful 31st Annual Dynasty Invitational Golf Tournament with Eddie Flores as the Honorary Chair. The event has become a community mainstay through the years, and proceeds from this vibrant fundraiser have been advancing our care continuum. Mahalo to Eddie and Elaine Flores for their ongoing support of PCH, and to all the volunteers that made this year's tournament a triumph! Next year's event will be held on May 10, and we look forward to seeing everyone back on the green at the Ala Wai Golf Course. Our Honorary Chair will be Hilton Raethel, President and CEO of the Healthcare Association of Hawaii. We are so proud of his accomplishments and ongoing support of Hawaii's senior care organizations.

Thank you all so much again for another amazing year of advocating for our kupuna. We would not be able to provide the scope of services and depth of care we share every day without your patronage, compassion and commitment. And to PCH's most dedicated team of managers and staff, thank you for all you do for Hawaii's seniors!

Please keep safe and have the happiest of holidays!

Kindest regards,

Darlene Nakayama



A HEARTWARMING JOURNEY TO RESPITE CARE

Mrs. Jean Tamura grew up in Manoa, where she enjoyed a successful career after graduating from Honolulu Business School. She later worked alongside her husband, who was an independent insurance agent. Following the adoption of her children, Mrs. Tamura transitioned into a full-time housewife role, dedicating her time to family and her involvement in Little League and Scouting. Her beloved Shih Tzu dog became her companion after her husband's passing in 2007, and she found joy in simple pleasures such as word-finding books and observing the neighborhood from her lanai.

When Mrs. Tamura was diagnosed with dementia, her family needed support to help care for her during times they had to be away, and to have a moment to recharge from the stresses that can arise from daily caregiving. At first, Mrs. Tamura was reluctant to leave her home to try PCH's Overnight Respite Care due to concerns about her dog and the notion that she might not be able to return home afterwards. However, a heartfelt plea from her daughter persuaded her to give it a chance.

On her first visit, Mrs. Tamura's emotions ran the gamut—from shedding a few tears to participating in morning exercises with enthusiasm. After a little time, she started to adapt. She formed a bond with her roommate, which made the transition smoother. She also found herself eating better than she did at home. By her second stay, Mrs. Tamura's attitude shifted remarkably. She not only eagerly anticipated her return to the PCH campus, but instantly connected with her roommate and the dedicated PCH staff upon her arrival. The emotional farewell at the end of her stay underscored a newfound attachment to the home.



Mrs. Tamura's journey with Palolo Chinese Home serves as a heartwarming reminder of the importance of finding the right care for loved ones, and the positive impact that proper support can have on an entire family. Her son appreciates the enriching environment that the care team provides throughout every overnight visit, sharing, "If you seek safety and top-quality care for your family members, PCH is the ideal place for their stay. The staff's attentiveness, various activities, and the nutritious meals provide peace of mind, knowing your loved one is receiving the best possible care."



ENHANCING THE LIVES OF LONG-TERM RESIDENTS

Personalized care is a hallmark of Palolo Chinese Home—with the word "Home" having real meaning for residents like **Mr. Matsuura** and our dedicated caregivers such as **Nurse Jasmine**.



Mr. Matsuura has lived at PCH since December 2020, experiencing both the benefits of 24/7 nursing support as well as a sense of extended 'Ohana. Jasmine's time with Mr. Matsuura extends beyond ensuring that important health care needs are met with the upmost attention to detail. It is also about cultivating social-emotional connections and a comprehensive sense of well-being. Whether it is conversing, watching a TV show, or taking part in some of Mr. Matsuura's favorite activities like bingo, they enjoy each other's company.

Mr. Matsuura has also formed special connections with many other members of the care team, and his enthusiasm for sports, particularly for golf and football, is a shared delight and frequent topic of discussion. And with a discerning palate, Mr. Matsuura is a big fan of PCH's talented culinary team, offering daily delicious and nutritious dining experiences.

For the PCH staff, day-to-day work with long-term residents is a flexible routine centered around each senior's individual needs. As Jasmine describes, it's about being there when a resident requires assistance or could use companionship. Activities aren't limited to specific weekdays, rather vary to meet resident preferences. Outdoor pastimes are encouraged, with kupuna often enjoying the fresh air of the garden. Those able to walk are also invited to stroll the beautiful campus.

At the heart of it all, much of the day involves residents and staff sitting together, sharing stories, and creating lasting connections. Palolo Chinese Home offers a unique community where seniors such as Mr. Matsuura can build meaningful relationships, pursue their interests, and savor the simple joys of life.



PALOLO CHINESE HOME

Better Care. Better Lives

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The blessing of "long life" is universally celebrated. At Palolo Chinese Home, the Chinese character for longevity (shou) has long been used as our symbol. By adding two brush strokes, the artist, the late Clarence Lee, incorporated the Chinese character for people or mankind (ren), and the result is an image of a roof embracing long life — our wish for you. The unbroken circle signifies our mission of continuous care and respect for our kupuna (elders).



'TIS THE SEASON OF GIVING

For nearly 128 years, Palolo Chinese Home has exemplified the spirit of care and commitment, ensuring the well-being of our community's cherished kupuna. The remarkable generosity of our donors and supporters has empowered us to meet these evolving needs.

With Hawaii's rising costs for health care, food, utilities, and goods and services, your continued partnership is essential for us to provide for our seniors' comfort and continuum of care into the year ahead and beyond. It also helps the home provide education and incentives for important staff recruitment and retention programs, further fostering a talented and dedicated team.

To give or learn more, contact **Darlene Nakayama** at (808) 732-0488, visit us online at www.palolohome.org/pch-ways-to-give, or mail your donation to **Palolo Chinese Home, 2459 10th Avenue, Honolulu, HI 96816-3051**.

Mahalo nui loa for your support in our shared mission to provide **Better Care, Better Lives**.



Lyle Apo donated rice and sugar to our PCH culinary team.



Eddie & Elaine Flores of L&L Hawaiian Barbecue generously donated \$25,000 to Palolo Chinese Home in 2020 and continue to support annually.



AWARD-WINNING CARE

Palolo Chinese Home strives daily to provide the highest quality care for Hawaii's seniors. The Home is honored to be ranked among the best in Short-Term Rehabilitation and Long-Term Care for 2022-2023 by U.S. News & World Report.